

## 24 Hours Urine Collection for Protein / Creatinine Clearance 總蛋白質/肌酸肝清除

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### Preparation and Instruction for Investigation:

1. Start the collection when you get up in the morning (e.g. 8 a.m.) by discarding the first urine passed. Do not put this urine into the bottle.
2. Collect all urine passed during the next 24 hours into the bottle provided.
3. The next morning (e.g. 8 a.m.) empty your bladder and add this urine to the bottle. The 24 hour collection is then complete.
4. The urine container should be stored in a cool place during collection.
5. Female patients should avoid urine collection during menstrual period.
6. Blood taking is needed if no sample is available 2 days before for blood testing. Fasting is not required.
7. Record the urine collected date and time.

### 測試準備及須知:

1. 早上起床後 (例如上午八時正), 先解尿一次, 此次尿液不必留。
2. 以後每一次將尿液收集在護理人員為您準備的收集瓶內。
3. 次日早上 (例如翌日上午八時正), 無論有無尿意, 一定要去解尿, 並將尿液收集在瓶內, 就算完成。
4. 在整個過程中, 小便要存放於陰涼處。
5. 女病人請勿於月經期間收集小便樣本。
6. 此測試是需要與抽血(非空腹)一同進行; 兩日前已抽血可例外。
7. 記錄收集尿液樣本的日期和時間。