

Lipid Profile (Total Cholesterol / HDL-Cholesterol / LDL-Cholesterol / Triglycerides)
脂肪組合測試 (膽固醇 / 高密度膽固醇 / 低密度膽固醇 / 三酸甘油酯)

Preparation and Instruction for Investigation:

1. Patient should be fasting (no food and beverage other than water) for at least 10 hours before blood collection.
*Fasting is not essential if total cholesterol to be assayed only.
2. Alcohol should be avoided for 3 days.
3. Patient should consume their stable diet for at least 2 weeks.

測試準備及須知:

1. 病人抽血前需禁食(清水除外)最少 10 小時。
*如只檢驗膽固醇，不用空腹抽血
2. 病人進行檢驗前 3 天應避免飲用含酒精飲品。
3. 檢驗前 2 星期應保持正常飲食。