

Fasting Glucose/ Fasting Blood Sugar(FBS) 血葡萄糖 (禁食)

Preparation and Instruction for Investigation:

1. Patient should be fasting (no food and beverage other than water) at least 8 hours before blood collection.
2. Smoking or alcohol should be avoided before blood collection.
3. Some medications may affect the test result. Consult physician about any medication need to be discontinued.

測試準備及須知:

1. 病人抽血前需禁食(清水除外)最少 8 小時。
2. 檢驗前應避免吸煙及飲用含酒精飲品。
3. 某些藥物可能會影響檢驗結果，檢驗前請向醫生查詢是否需要停用有關藥物。