

Disclaimer:

- Upon presenting a laboratory request form to the pathology department for blood collection, patients authorize and consent to the department's handling of their samples and related testing procedures.
- According to World Health Organization guidelines:
 - Adverse reactions after blood collection include pain, bruising, temporary nerve damage and dizziness.
 - The chance of serious adverse reactions such as loss of consciousness is extremely rare.
- **If you have any queries, please consult your healthcare professional.**

1

Preparation before blood collection:

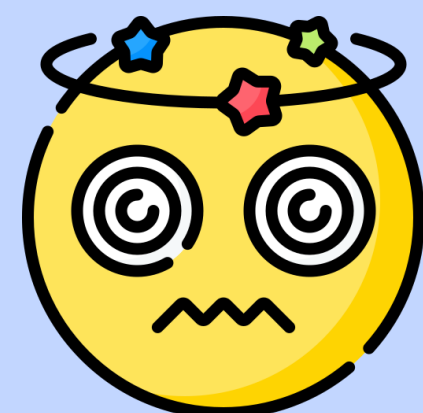
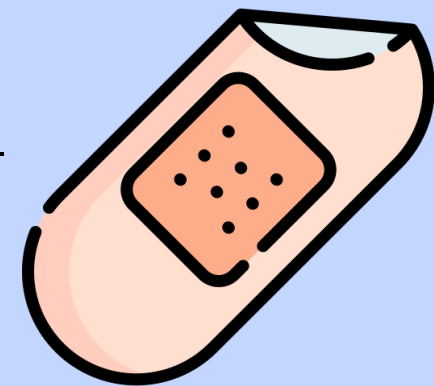
If you have a history of dizziness, discomfort related to blood collection, or allergies (such as alcohol allergy), please inform our staff before blood draw, so that preventive measures can be taken.



2

Post blood collection care:

- A. Firmly press the puncture site with fingers for **5-15 minutes**. To avoid hematoma and bruising, do not rub or bend your arm. Patients with weak coagulation function or those taking blood thinners should apply pressure for a longer period of time. Keep the puncture site firmly pressed until there is no bleeding before applying the band-aid.
- B. It is recommended to avoid using the blood collection arm for taking blood pressure and lifting heavy objects on the same day. Use the other arm if possible.
- C. If dizziness, weakness, or other symptoms occur, lie down until the symptoms subside before leaving.



3

Venipuncture may cause pain and numbness. If there are any abnormalities in the puncture site, please notify our staff and consultant doctors immediately.

