

## Deep Throat Saliva Collection for SARS-CoV-2 (新型冠狀病毒深喉唾液採集)

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### Preparation and Instruction for Investigation:

1. No food /drink, mouthwash and brushing teeth for 2 hours before collecting deep throat saliva.
2. Please collect deep throat saliva in a well-ventilated place, and keep a distance of at least 2-metre from other people.
3. Perform hand hygiene with soap and water or alcohol-based hand rub.
4. Check whether the personal details printed on the specimen bottle label are correct
5. Make the noise of “Kruuuu” from the throat.
6. Spit saliva into the specimen bottle to fill up the bottom of the bottle. (Repeat the previous step if the saliva volume is too little to fill up the bottom of the bottle).
7. **Close the lid tightly to prevent leakage.** Put the specimen container into specimen bag and then the 2<sup>nd</sup> bag.
8. Mark down **Collection Date** and **Collection Time**.
9. Specimen can only be kept at room temperature for 4 hours.
10. Test time and performance can be affected by the quality of specimen and improper collection may be rejected.



### 測試準備及須知:

1. 收集深喉唾液樣本前兩小時內不可刷牙漱口或飲食。
2. 請在空氣流通的地方收集深喉唾液樣本,並與他人保持 2 米以上距離。
3. 以肥皂及清水洗手或以酒精搓手液潔手。
4. 檢查樣本瓶上標籤的個人資料是否正確。
5. 於喉嚨發出 “Kruuuu” 的聲音。
6. 將唾液吐入樣本瓶內填滿瓶底。(如份量未能填滿瓶底,請重覆以上步驟)
7. **蓋好樣本瓶以確保沒有滲漏。**將樣本瓶放入樣本袋內,再將整袋放進第 2 個樣本袋內。
8. 紀錄採集日期和時間。
9. 樣本在室溫下祇可存放 4 小時。
10. 樣本質素或會影響化驗所需時間及結果,化驗室會退回不合格樣本。

