



Procedure Information - Laparoscopic Myomectomy

Visit No.: Dept.:
Name: Sex/Age:
Doc. No.: Adm. Date:
Attn. Dr.:
Patient No.: PN

Page No:

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+10	+20	+30	+40	+50	+60	+70	+80	+90

*Please fill in /
affix patient's label*

Introduction

Removal of the uterine fibroids by inflating the abdominal cavity with carbon dioxide and inserting instruments through small incisions into the abdomen.

Indications

1. Heavy menstrual flow
2. Pressure symptom
3. Pelvic or abdominal mass

The Procedure

1. General anaesthesia
2. Pneumoperitoneum created by insufflation of carbon dioxide
3. Abdominal incisions
4. Passage of telescope and instruments into abdomen
5. Uterine fibroids removed
6. Closure of abdominal wound
7. All tissue removed will be sent to Pathology Department or disposed of as appropriate unless otherwise specified

Risk and Complication

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

Possible risks and complications (not all possible complications are listed)

1. Anaesthetic complications laparoscopically, may require laparotomy
2. Bleeding, may require blood transfusion and even hysterectomy
3. Injury to adjacent organs, such as bladder, ureters, bowels and blood vessels, may require repair
4. Procedure may not be feasible if adenomyosis or fibroids not identifiable due to small size or too deep seated
5. Failure to complete the intended procedure
6. Wound complications, such as infection and hernia
7. Shoulder tip pain
8. Recurrence, may require another operation
9. Adverse effect on future fertility due to adhesion
10. Deep vein thrombosis and pulmonary embolism in high risk patients

Pre-operative information

1. Your doctor will explain to you the reason, procedure and possible complications
2. You will need to sign a consent form before operation
3. No food or drink for 6 to 8 hours before operation
4. Blood taking for blood typing and screening
5. Fleet enema may be given if necessary as instructed by your doctor
6. Pubic hair is shaved if necessary as instructed by your doctor



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Post-operative information

1. Take medication as prescribed by your doctor
2. Contact your doctor or attend a hospital if you experience severe abdominal pain, purulent discharge, heavy vaginal bleeding, fever (body temperature above 38°C or 100°F), or other unusual symptoms
3. May get pregnant half year after operation
4. Increase in risk of uterine rupture in future pregnancy, may require caesarean section

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Department of Obstetrics & Gynaecology - The University of Hong Kong

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date