



Procedure Information – Total Hip Replacement

Visit No.: Dept.:
Name.: Sex/Age:
Doc. No.: Adm. Date.:
Attn. Dr.:

Page No:

01	02	03	04	05	06	07	08	09
+10	+20	+30	+40	+50	+60	+70	+80	+90

Patient No.: PN

*Please fill in /
affix patient's label*

Introduction

Total hip replacement consists of acetabulum cup, ball head and femoral stem. They are usually made of metal alloy, polyethylene or ceramic.

Indications

1. Osteonecrosis
2. Degeneration arthritis, rheumatoid arthritis, or other arthritis
3. Femoral head or neck fracture
4. Others

The Procedure

1. The operation is performed under general/ regional anaesthesia
2. Excise damaged joint.
3. Insert and fix up the artificial joint.

Risk and Complication

1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
2. Surgical instruments or implant may be broken off and retained at the surgical site during operation.

A. Risk of Anesthesia

Please consult your anesthetist

B. In General

1. Heart attack, chest disease, deep vein thrombosis, pulmonary embolism etc.
2. It can be fatal if severe

C. Specific complications

1. Revision of surgery
2. Infection
3. Bleeding, haematoma, healing problem, scarring
4. Joint dislocation/subluxation
5. Fracture, nerve damage, blood vessels damage leading to paralysis or loss of limb
6. Leg length difference, leading to limping
7. Wear and loosening
8. Circulatory collapse: related to bone cement implantation syndrome/embolization

Before the Procedure

1. You will need to sign a consent form and your doctor will explain to you the reason, procedure and possible complications.
2. Blood tests, X-ray, correct and optimizing existing illness e.g. diabetes, asthma.
3. Treat and optimize existing disease conditions, e.g. ischemic heart disease, hypertension, diabetes mellitus, anemia, lung disease.
4. Fast for 6-8 hours before the operation.
5. Inform your doctor of any medical condition and any medications you are taking. The medications may need to be adjusted as appropriate.
6. Change to operation attires and remove loose objects (e.g. dentures, jewelry, contact lens etc.).



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After the Procedure

A. Hospital care

1. Follow medical professionals' instructions to prevent dislocation.
2. Deep breathing exercise to prevent lung complication.
3. Exercises of toes and ankles of both lower limbs to prevent venous thrombosis.
4. Start walking exercise when pain improves.

B. Home care after discharge

1. Avoid excessive hip flexion and crossing the leg to prevent dislocation.
2. Please contact your doctor or go back to hospital if excessive bleeding, collapse, severe pain or signs of infection at your wound site such as redness swelling or fever (body temperature above 38°C or 100°F) occurs.
3. Follow up on schedule as instructed by your doctor.

Possible additional procedures

Extra-procedures or treatments may be required if complications arise:

1. Deterioration or pre-existing disease leading to worsening of symptoms.
2. Catheterization of bladder may be performed.

Alternative Treatment

Conservative treatment including analgesics, modify daily activities, using walking aid for pain relief.

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Hospital Authority – Smart Patient Website

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date