



## Procedure Information – Closed Reduction of Nasal Fracture

Visit No.: Dept.:  
Name: Sex/Age:  
Doc. No.: Adm. Date:  
Attn. Dr.:

Page No:

01	02	03	04	05	06	07	08	09
+10	+20	+30	+40	+50	+60	+70	+80	+90

Patient No.: PN

*Please fill in /  
affix patient's label*

### Introduction

To straighten a deviated nasal bone due to recent injury.

### Indications

1. Nasal obstruction attributed by a recently deviated nasal bone.
2. Cosmetic deformity due to a recently deviated nasal bone.

### Intended Benefits and Expected Outcome

1. Reduce nasal obstruction.
2. Improve nasal deformity attributed by deviated nasal bone.

### Conditions that Would Not Be Benefited by the Procedure

1. Nasal obstruction not caused by deviated nasal bone.

### The Procedure

1. Reposition nasal bone.
2. Apply external nasal splint to support the nasal bone.

### Risk and Complication

1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
2. Surgical instruments or implant may be broken off and retained at the surgical site during operation.

### Common Risks and Complications (≥1% risk)

- |                                 |                               |
|---------------------------------|-------------------------------|
| 1. Bleeding                     | 4. Nasal adhesion             |
| 2. Infection                    | 5. Septal haematoma           |
| 3. Persistent nasal obstruction | 6. Persistent nasal deformity |

### Uncommon Risks with Serious Consequences (<1% risk)

1. Toxic shock syndrome if nasal packing is used.
2. Death due to serious surgical and anaesthetic complications.

### Before the Procedure

1. You will need to sign a consent form and your doctor will explain to you the reason, procedure and possible complications.
2. Inform your doctor of any medical condition and any medications you are taking. The medications may need to be adjusted as appropriate.
3. Fast for 6-8 hours before the operation.
4. Change to operation attires and remove loose objects (e.g. dentures, jewelry, contact lens etc.).



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### After the Procedure

1. May need analgesic for postoperative pain or discomfort.
2. Mild transient epistaxis may occur, please attend the nearby emergency department if bleeding persists.
3. Sleep in slightly head up position may help reduce postoperative oedema.
4. Do not blow nose.
5. Avoid rigorous exercise or contact sports for few weeks.
6. Follow up on schedule as instructed by your doctor.

### Alternative Treatment

Expectant treatment

### Consequences of No Treatment

1. Persistent nasal obstruction
2. Persistent nasal deformity

### Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

### Reference

Hospital Authority – Smart Patient Website

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I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. \_\_\_\_\_. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

\_\_\_\_\_  
Patient / Relative Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Relationship (if any)

\_\_\_\_\_  
Date